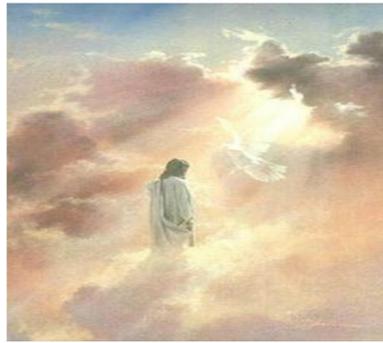**'A weekend to find a deeper relationship with God through silent prayer'**

Thursday 9th March – Sunday 12th March 2017

Jesus says "Come with me by yourselves to a quiet place and get some rest"

(Mark 6: 31)

Come along to this spiritual weekend and learn in a comfortable environment how to listen to listen to the voice of the Lord and reconnect as Pope John Paul II said, to the 'mystical tradition of the Church.'

During the course of the weekend we will be learning how Gods voice can come in the silence, for example with the prophet Elijah God's voice came 'like a gentle whisper', We find this in: I Kings 19:11-13. The Lord said to Elijah 'Go out and stand before me on the mountain' and as Elijah stood there, the Lord passed by and a mighty windstorm hit the mountain. It was such a terrible blast that the rocks were torn loose, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. And after the earthquake there was a fire, but the Lord was not in the fire. And after the fire there was the sound of a gentle whisper. 'The Lord was in the gentle whisper.'

Many times when God speaks to us, He speaks in the quiet recesses of our hearts but we're so busy looking for the "larger-than-life" stuff that we can miss Him. His desire is to reveal the hidden treasures buried within, through intimacy He removes the hindrances and the obstacles that prevent us coming boldly into the throne room and moving as one with the Lord.

Ros Powell will lay a foundation on 'going deeper in your walk with Jesus' which will include some of the teachings of Teresa of Avila.

The weekend will begin with "soaking" prayer, where you will learn to relax and listen to God without a personal agenda; you will continue to explore contemplative prayer in the tradition of the Church. Discover a new and deeper relationship with God as you quieten yourself and draw close to Him in silent contemplation.

Your journey into silent prayer will be guided through shared sessions and feedback.